

# Consent Card

1. How is each of us doing?
2. What types of play will/won't we include in our scene?
3. Has each of us done this kind of play before?
4. How long, roughly, might our scene take?
5. Do we have safe-words (e.g. green, orange, red) and what do they mean? (e.g. orange=at limit, red=stop & checkin)
6. Can we check-in, mid-play, using the scale of 1-10?
7. Do we have any relevant injuries or health issues?
8. How much clothing might each of us remove?
9. Are there places we do/don't want any touch/impact?
10. Can we leave marks, if so where (e.g. bruises, scratches)?

*PTO...*